

Exciting new golf instruction system

Throckmorton targets beginners and high handicappers with exciting new golf instruction system

Former PGA Golf Professional, Ben Throckmorton, is preparing to release what he calls the "Ultimate Golf Instruction System." This exciting new golf instruction system is entitled "How To Break 90 in 3 Easy Lessons."

Throckmorton, with his golf instruction series, is taking direct aim at players of all skill levels including beginners, high handicappers, senior players, juniors, and women. Throckmorton created this system to help players of all ages and skill levels significantly improve their golf scores.

"There are two types of instructors out there," Throckmorton said, "golf swing mechanics and feel good guys." "The golf swing mechanic breaks the swing down into tiny little bits and pieces and then expects a beginner or high handicapper to be able to put all the pieces back together which is a daunting task at best." "The feel good guys like to tell players that all they need is a new gadget or gimmick to improve." While both types of instructors can be well meaning, neither is able to consistently improve players of all skill levels."

"Despite the amount of instruction and aid available to players increasing at a fantastic rate, average handicaps have failed to improve over the last 20 years."

My question to Ben was, "Why is that?"

"Most golf instruction is created with good players in mind, good players being those who already understand the golf swing and play a good game of golf." "These players already have a feel for delivering a solid and square blow to the ball and can apply these advanced concepts to their games." "If you're not one of these players who is hitting long, straight shots consistently, or if you happen to be a beginner, most golf instruction is useless to you because nobody teaches you how to develop this feel that will allow you to deliver the golf club squarely to the golf ball time after time."

"My system teaches timeless fundamentals and reinforces those fundamentals by showing each player how to develop and maintain his or her own feel for hitting quality golf shots within the framework of solid fundamentals."

"The goal being to teach players of all ages and skill levels how to build their own swings from the ground up and then be able to consistently produce that swing on the golf course with a minimum of practice time." "This is very important because most of us simply don't have the time to beat balls for hours each day." This is why I've developed the system to maximize distance, consistency, accuracy, and score based on 1 hour of practice time weekly."

"How to Break 90 in 3 Easy lessons is "easy" to use, "easy" to understand, and "easy" to apply to your own game."

The three lessons are broken down into Set-Up, Full Swing, and Short Game with a special added lesson that features on course strategies guaranteed to save you strokes.

Throckmorton's golf swing system includes detailed written instructions with corresponding full page illustrations for every facet of the golf swing including set-up, full swing, chipping, pitching, putting, sand play, and special strategies. To reinforce the book and illustrations, Ben has also included video footage of himself explaining and demonstrating each portion of the system.

Here is a short excerpt from the Full Swing portion of How To Break 90 in 3 easy Lessons.

-Okay, we're almost there, the moment of truth, when the club head makes contact with the golf ball. We've discussed static positions that you should be in as you swing the club away from the ball hopefully placing you in a balanced and powerful position from which you can deliver a square blow through the golf ball, in turn, producing consistently long and accurate shots with every club in your bag.

But wait, you say, golf is NOT a static game. In fact, the only thing in golf that IS static is the ball. It remains motionless until you hit it. It's not going to move, it's not going to run, you can do anything that you want to it before you hit it BUT once you've hit it, there's nothing more that you can do except go find it and hit it again. Your swing however, is a living, breathing, dynamic, motion and therefore it is very difficult to apply static positions or measurements to it.

Let's say for example, you swing the club head through the ball at 75 mph. Tiger Woods swings at speeds of 135+ mph with his driver but most of us mere mortals can't generate that kind of swing speed so let's just use 75 mph for conversation sake. You say to me, "Ben, if my club head is moving at 75 mph, the same speed I drive my car on the freeway, how in the world am I going to know if I'm finding the proper in-swing positions for me?"

A very good question if I do say so myself. The answer to your question is you have to °FEEL° these positions and then reinforce this °FEEL° mentally by hitting good shots.

Remember when I told you that the quickest way to spoil a good swing was to aim the club in the wrong direction? Is this starting to make sense? If not, don't worry, it will before we're finished. I know you've seen them, they are everywhere, instructors. They teach hands high, hands low, push, pull, turn, all sorts of positions and concepts but without the feel to go with these concepts, it's all worthless. It's worthless simply because the swing happens much too quickly to apply static positions to it. You have to feel it to be able to reproduce it on a consistent basis. "It," being your swing.

This dynamic concept of feel is one that is very hard to explain and even harder to teach. The only way I've found for the average player, high handicapper, or beginner to feel the proper motion is to get out on the range with a club and a few balls and swing away. Without the feedback provided by the flight of the ball, none of this will mean anything. We're just talking and all these static concepts are meaningless.

We have to put these static positions into motion and be able to reproduce them at speeds in excess of 75 mph. Sounds impossible doesn't it? Never fear, just read on. I promised you in the beginning that you would shoot the best scores of your life and you will.

For more information, visit: <http://www.YourGolfShopOnline.com>
About the Author

Ben Throckmorton is a former Class A PGA Professional with 20 years experience teaching golfers of all ages, all fitness levels, and all levels of ability. Throckmorton has incorporated his years of teaching experience into a new, completely interactive golf instruction system.

How To Break 90 in 3 Easy Lessons will be released on October 15th at:
<http://www.YourGolfShopOnline.com>

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